

SARAH ASHFORD
STUDIO

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SARDINIA LOVE QUILT BLOCK



A Foundation Paper Pieced Quilt Block

By Sarah Ashford

Finished size – 12 1/2 in square

SARDINIA LOVE BLOCK

Thank you so much for downloading this pattern and I hope you love making it as much as I've had designing it. If you're new to foundation paper piecing (FPP) this is the perfect place to start, as it's an easy yet effective pattern that comes together quickly, and you can have so much fun choosing different shades of pink.

This pattern assumes basic foundation paper piecing knowledge. Not sure? You can find my FPP tutorial here:

www.polkadotchair.com/foundation-paper-piecing-tutorial-free-kite-paper-piecing-pattern/

You can also visit my website www.sarahashfordstudio.com/blog for my post featuring top tips for foundation paper piecing.

GETTING STARTED

- All seam allowances are 1/4in unless otherwise stated
- Make sure you print pattern pieces at 'actual size' with 'no scaling' on your printer
- Shorten your stitch length to allow for easier removal of the papers
- An Add a Quarter ruler is really useful to get accurate seam allowances
- Make sure you cover all the seam allowance with your fabric. Hold it up to the light or use a light box to check
- Press as you go
- Backstitch at the beginning and end of each line to reinforce the seams
- Happy Quilting!

YOU WILL NEED

- Fat 8th Light pink fabric
- Fat 8th Medium pink fabric
- Fat 8th Dark pink fabric
- Fat 8th Charcoal Essex Yarn Dyed Linen
- 50 weight Aurifil Thread
- Template pieces

CONSTRUCTION

1) Print and cut out the foundation pieces for Section A (the sunrays), Section B and C (the heart) and Section D (the mountain and background).

NOTE: You will have to join template sections A and section D, as they are too large to fit on an A4 piece of paper. Transparent tape is good for this. Ensure at this stage that they each measure 12 1/2" wide.

2) Cut out two squares in light pink, measuring 4 1/2" x 4". These will be sewn either side of the heart.

3) Using the foundation paper piecing technique, (FPP) make up Section A, Section B, C and D.

4) Stitch section B and C together to complete the heart.

5) Take the two light pink squares that you cut out previously. Stitch to the right and left of the heart to complete the mid-section.

6) Stitch Section A to the top of the heart section, and press the seam away from the bulk in the centre.

7) Stitch Section D to the bottom of the heart section to complete the block.

8) Carefully remove the papers and press.

We would love to see your block! Please share on social media and if you're on Instagram please tag @aurifilthread and @sarashfordstudio



IG: @sarashfordstudio

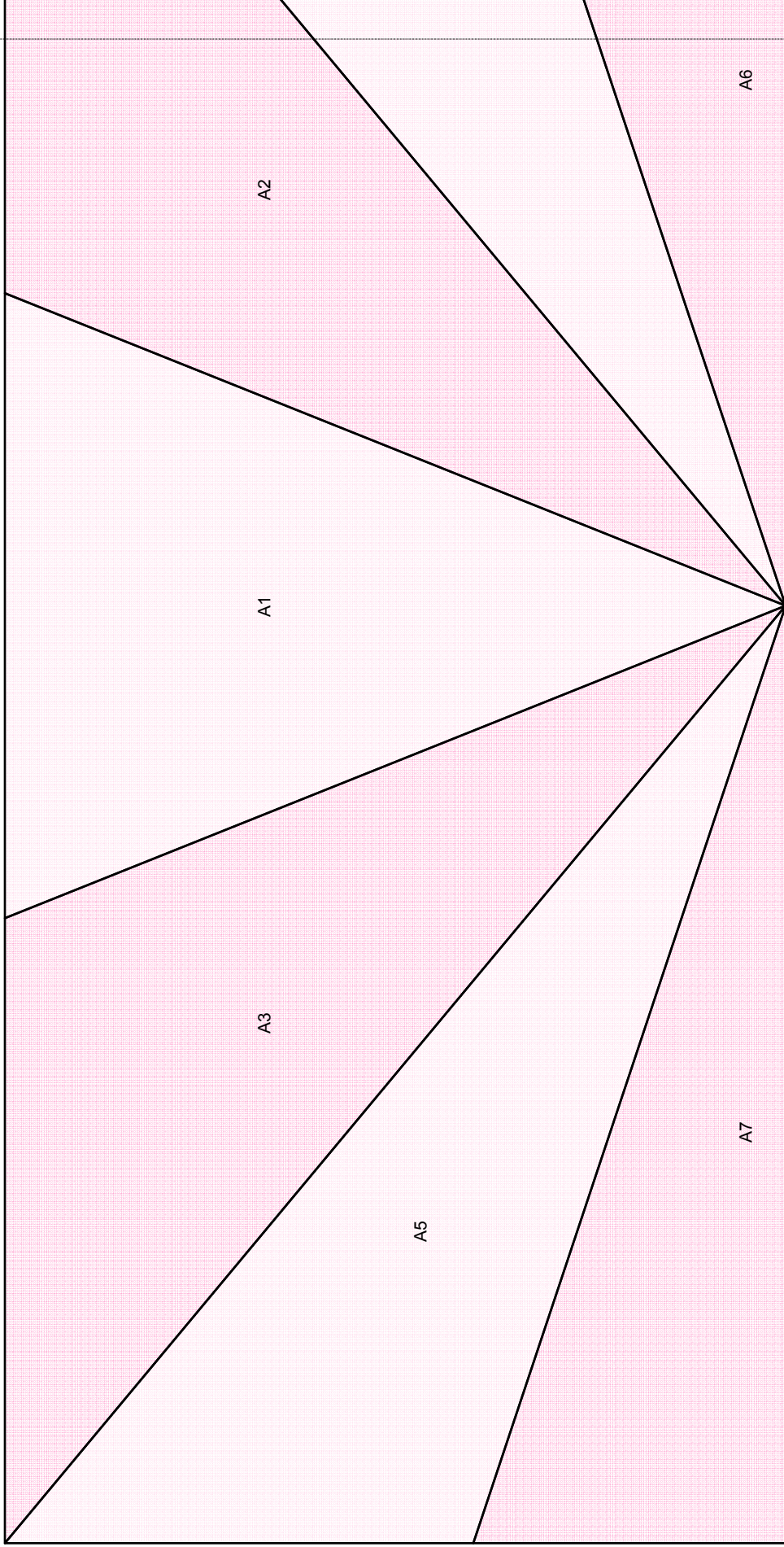
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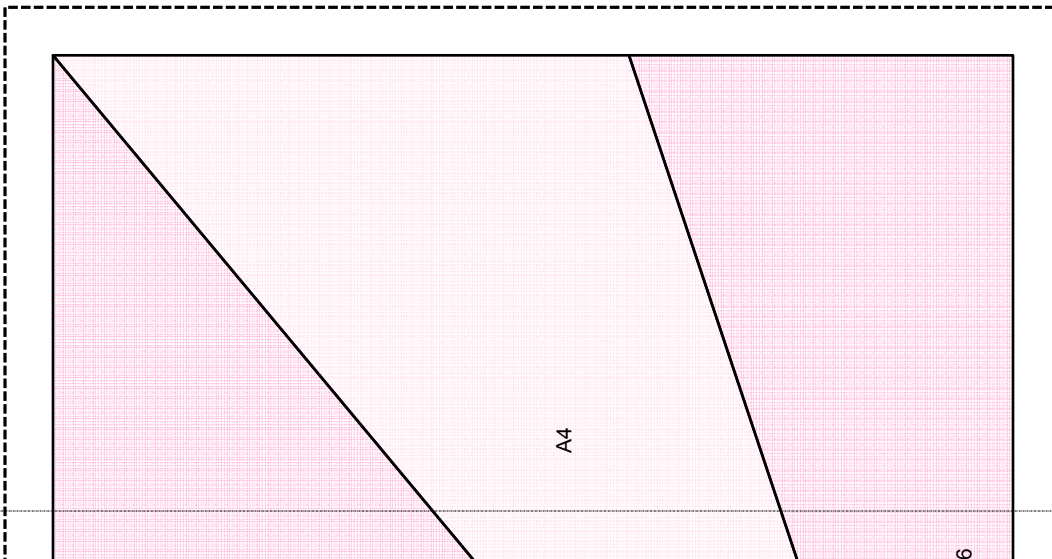
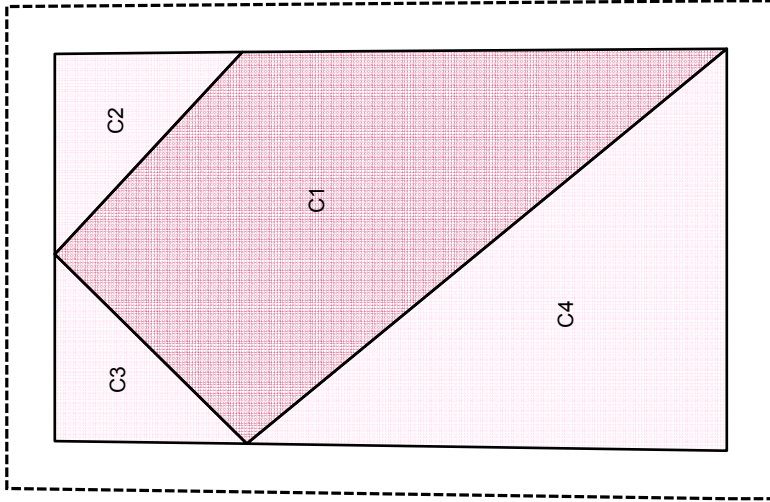
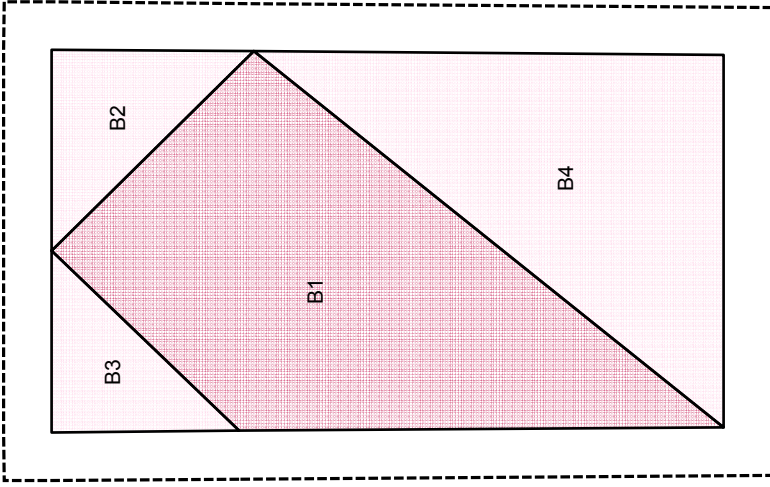
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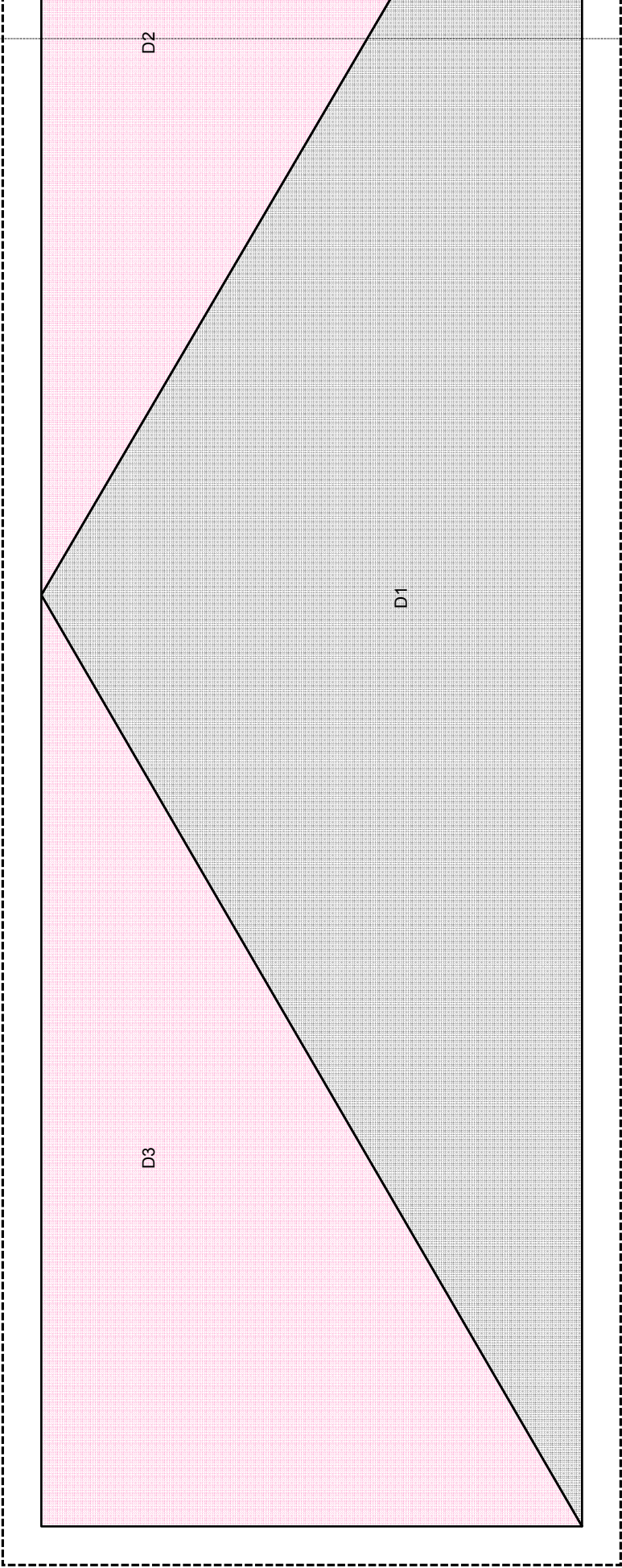
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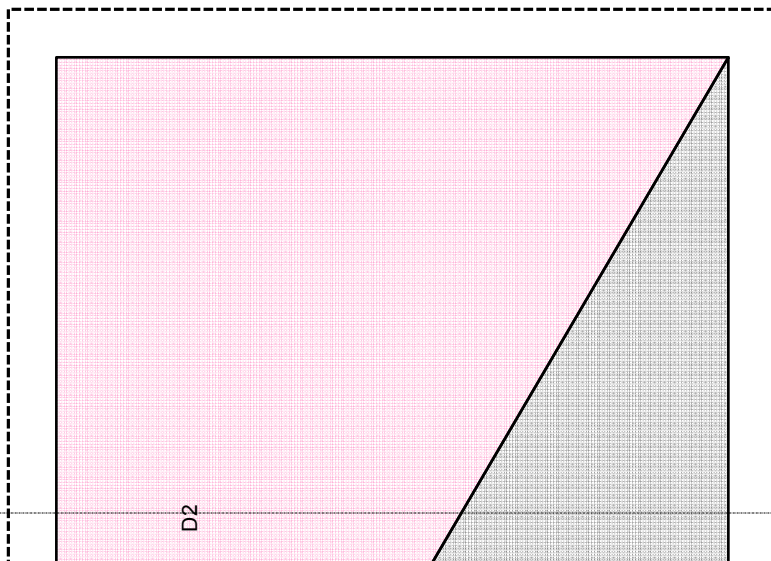




D2

D1

D3



D2