



## Aurifil DOM with Kathy Ross in Pompeii Red

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### Supplies:

- Sewing Machine with a free motion foot and feed dogs down.
- 10" or 12" Embroidery Hoop
- 12.5" base fabric (I used Charcoal Essex Linen from Robert Kauffman but experiment and find what works best for you! A pale blue or dark green would be lovely.)
- Stabiliser (Viseline/Pellon Stitch 'N Tear is my favourite and can just be placed behind the backing fabric before you begin stitching to deter creases.)
- Bondaweb (or Pellon Wonder-Under) for tracing and fusing the appliqué pattern.
- Fabric for the appliqué:

Fabric A is Green

Fabric B is Red

Fabric C is Light Red

Fabric D is Dark Red

- Aurifil Color Builder Pompeii Red for the free motion on the poppies.
- Black thread for the seeds in the centre of the poppy.
- Green threads (I used threads from the Dolomite Green Color Builder) to enhance the stems and leaves.



### Method:

Print page one and two of the pattern and connect using the black rectangles to align.

1. Trace the pattern onto the smooth side of the Bondaweb with a pencil. Roughly cut around it.
2. Iron the rough side of the Bondaweb onto the wrong side of each fabric scrap.

3. Cut out and assemble the poppies onto the backing fabric.

**Note: Remember the poppies will be a mirror image of the pattern because of using the Bondaweb. Consider printing the pattern as a mirror image to allow for easier pattern assembly. It also helps to number the appliqué pieces.**

4. When happy with the poppies layout, carefully peel off the backing paper from the Bondawebbed appliqué pieces, reposition, and fuse the poppies to the backing fabric.

5. Cut the Stitch 'N Tear stabilizer slightly larger than the backing fabric and place behind the fabric. Use an embroidery hoop to deter creasing while stitching. A 12" hoop is perfect for this piece.

**Note: For the free motion embroidery, it is important to pick a variety of contrasting colors to the fabrics as you want the stitching to add form and texture.**

6. To secure the red poppy petals in place, use a straight stitch to stitch all around the edges. I used Aurifil 50wt in 2250. Continuing with the same colour, add curved lines and crinkles to the petals, especially on the both the light and dark red petals as it contrasts in colour.

7. Use Aurifil 50wt in 1103 along the base of the petals where the stem meets the flower to add a shadow. Stitch tiny curved lines into both the red and light red petals to add more texture.

8. Finally, use Aurifil 50wt in 5002 to add highlights to the petals. Stitch curved edges around some of the red petals and fill little ridges to add highlights. See my finished piece for an example or trace red lines from the pattern and use them as a stitch guide.

9. Use a pale and a dark green thread to concentrate on the stems and leaves of the poppies. (I used the greens from the Dolomite Green Color Builder Box.) Use the dark green for a feather/zig zag motion up the inside of the leaves and stems to add contrast. Use the light green to add highlights on the edges of the leaves and around the bud of the poppy. If desired, trace the green lines from the pattern onto the appliqué and use them as a stitch guide.

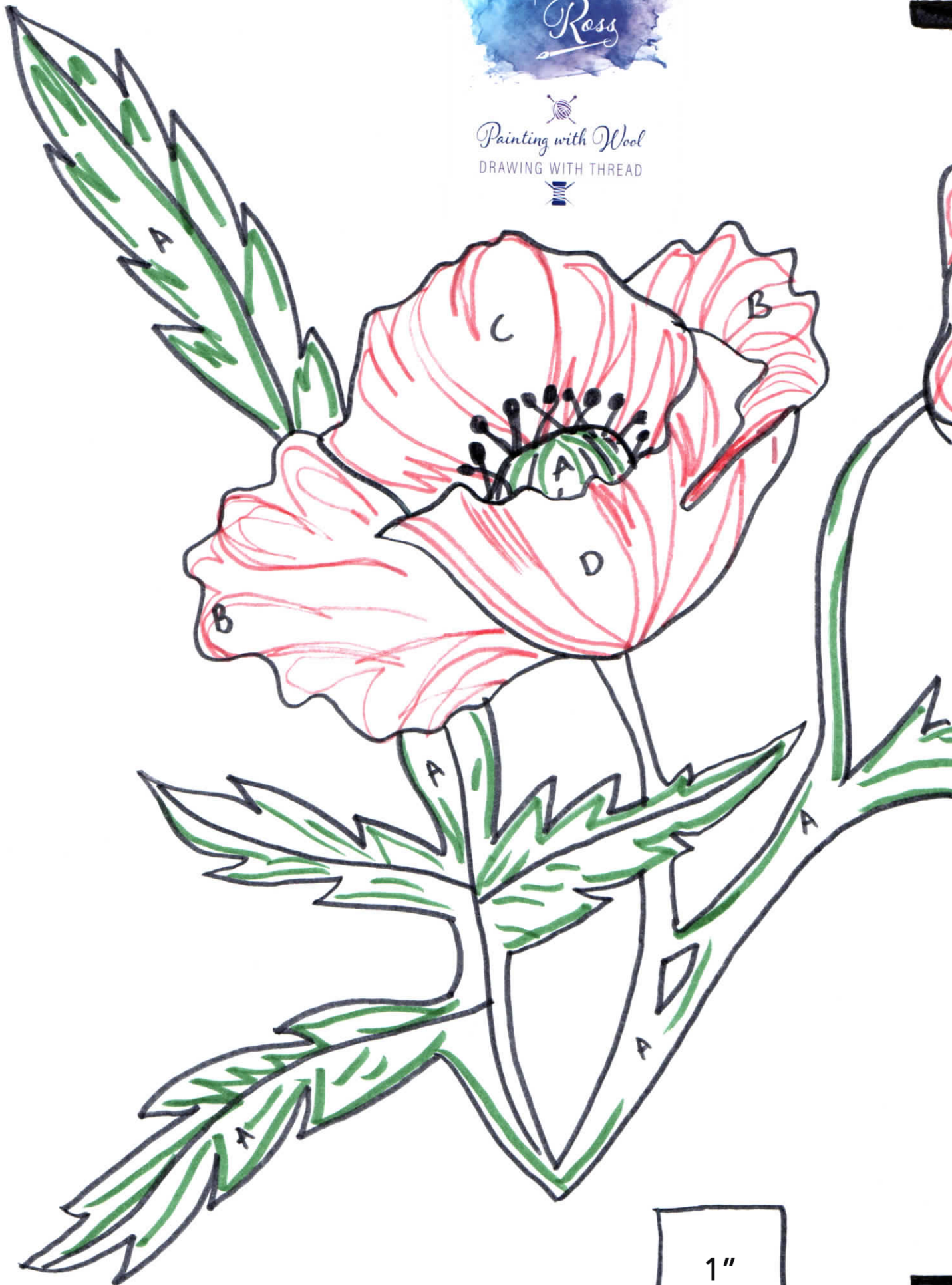
10. Use the dark green to fill the centre of the poppy. Add contrast by stitching curved lines in light green into the centre.

11. The final detail to finish the block are the little seed heads. Use black thread for these. Stitch little lines with a ball on the top of each one.





  
*Painting with Wool*  
DRAWING WITH THREAD  





*Painting with Wool*  
DRAWING WITH THREAD

# KEY

- A = Green Appliqué
- B = Red Appliqué
- C = Light Red Appliqué
- D = Dark Red Appliqué

-  = Red Free Motion
-  = Green Free Motion

